A handle body is a 3-manifold homeomorphic to a connected sum of solid tori.

A Heegard splitting (of genus g) of a 3-manifold M consists of a surface  $F = \#_1^g T^2$  which separates M into two handlebodies. I.e.  $M = V_1 \cup_f V_2$  where  $V_i$  are handlebodies of genus g.

Every closed orientable 3-manifold has a Heegard splitting (use triangulation and let  $V_1$  be thickened 1-skeleton and  $V_2$  corresponds to the dual triangulation).

If F is an orientable surface in orientable 3-manifold M, then F has a collar neighborhood  $F \times I \subset M$ . F has two sides. Can push F (or portion of F) in one direction.

M is prime if every separating sphere bounds a ball.

M is irreducible if every sphere bounds a ball. M irreducible iff M prime or  $M \cong S^2 \times S^1$ .

A disjoint union of 2-spheres, S, is independent if no component of M-S is homeomorphic to a punctured sphere ( $S^3$  -disjoint union of balls).

F is properly embedded in M if  $F \cap \partial M = \partial F$ .

Two surfaces  $F_1$  and  $F_2$  are parallel in M if they are disjoint and  $M - (F_1 \cup F_2)$  has a component X of the form  $\overline{X} = F_1 \times I$  and  $\partial \overline{X} = F_1 \cup F_2$ .

A compressing disk for surface F in  $M^3$  is a disk  $D \subset M$  such that  $D \cap F = \partial D$  and  $\partial D$  does not bound a disk in F ( $\partial D$  is essential in F).

Defn: A surface  $F^2 \subset M^3$  without  $S^2$  or  $D^2$  components is incompressible if for each disk  $D \subset M$  with  $D \cap F = \partial D$ , there exists a disk  $D' \subset F$  with  $\partial D = \partial D'$ 

Lemma: A closed surface F in a closed 3-manifold with triangulation T can be isotoped so that F is transverse to all simplices of T and for all 3-simplices  $\tau$ , each component of  $F \cap \partial \tau$  is of the form:

Defn: F is a normal surface with respect to T if

- 1.) F is transverse to all simplices of T.
- 2.) For all 3-simplices  $\tau$ , each component of  $F \cap \partial \tau$  is of the form:

- 3.) Each component of  $F \cap \tau$  is a disk.
- Lemma 3.5: (1.) If F is a disjoint union of independent 2-spheres then F can be taken to be normal.
- (2.) If F is a closed incompressible surface in a closed irreducible 3-manifold, then F can be taken to be normal.
- Thm 3.6 (Haken) Let M be a compact irreducible 3-manifold. If S is a closed incompressible surface in M and no two components of S are parallel, then S has a finite number of components.